



San Francisco Opera's Rossini's *CINDERELLA* Curriculum Connections

California Content Standards
Kindergarten through Grade 12

PHYSICAL EDUCATION

MOVEMENT

Walking, dancing, jumping, balancing, leaping, lifting, etc. Ex. Move your body in different ways using the example of each character.

Choreograph dances for selected scenes in *Cinderella*.

What would dances of the period have looked like?

Practice dancing to music from the opera. What music selections lend themselves to dancing?

What dances could you do to music from the different scenes?

What kinds of dances would you use to represent different characters?

How do you move differently when you're young and old?

PHYSICALITY OF PERFORMING

Endurance & strength, posture, breathing techniques.

Act out the physical gestures of certain characters of the opera; how are they different? How do their differences indicate their personality traits?

Practice some physical comedy moves from the opera; how does timing play an important role?

Practice your balance, which is very important for physical comedy.

Try doing different moves with different parts of your body to practice coordination.

Move at different speeds to different passages of music from the opera.

Create gestures that express opera vocabulary.

Where does sound come from in our bodies?

TEAM-BUILDING

Cooperative games encourage collaboration and build trust.

Looking at the behavior and choices of Clorinda and Tisbe, when is competition healthy and when can it be bad?

Play number games, where students have to gather in groups of two, three, and so on. The object is to get together as quickly as possible. They can also be instructed to create pictures with their bodies, or move in unison.

Construct relays around relationships between characters, particularly to passages from the overture.

Exercises to move together as a group. Building the ensemble.

Partner dancing, changing partners, partnering exercises, mirroring activities.

Teamwork is very important for physical comedy; practice slapstick in pairs.