



## San Francisco Opera's Rossini's *THE BARBER OF SEVILLE* Curriculum Connections

California Content Standards  
Kindergarten through Grade 12

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### HEALTH EDUCATION

The unifying ideas of health literacy are as follows:

- Acceptance of personal responsibility for lifelong health
- Respect for and promotion of the health of others
- An understanding of the process of growth and development
- Informed use of health-related information, products, and services

### MENTAL & PHYSICAL HEALTH

Taking care of your body. Ex. What do performers have to do to prepare their body for performing?

Conflict resolution. Ex. How do the characters resolve all their problems with each other? How don't they?

Dealing with emotions, stress. Ex. Explore from the point of view of each character.

Family issues.

Gender roles & body image.

Examine the scenarios in the opera where people have choices; what kinds of decisions do they make and could they have been better?

How do the characters in the opera communicate with each other? Could they have improved their relationships through empathy?

How do the characters in the opera try to influence each other? Are they experiencing peer pressure?

What pressures act on the characters in the opera? How do they respond?

What kinds of love are depicted by the different characters in the opera?

What are the effects of tobacco and alcohol on the body?

What role does Figaro play in the health of his community? What can you compare him to in today's world?

How do the characters in the opera relieve their stress? What is Figaro's role in that?

How does news travel in the opera? How is that different today? How does that change the pace of our life?