



San Francisco Opera's Donizetti's *DON PASQUALE*

Curriculum Connections

California Content Standards
Kindergarten through Grade 12

HEALTH EDUCATION

- The unifying ideas of health literacy are as follows:
- Acceptance of personal responsibility for lifelong health
- Respect for and promotion of the health of others
- An understanding of the process of growth and development
- Informed use of health-related information, products, and services

MENTAL & PHYSICAL HEALTH

Taking care of your body. Ex. What do performers have to do to prepare their body for performing?

Dealing with emotions, stress. Ex. Explore from the point of view of each character.

Conflict resolution: Relationship between Ernesto (nephew) and Don Pasquale (uncle); Sofronia (Norina in disguise) and Don Pasquale after marriage.

The physical effect of love – How do the characters talk about the impact of love on their outlook? Does love make them feel young? Old? Sick? Happy? How does this relate to what you've felt or seen others feel?

The character's emotions and responses are so powerful that the whole set flips

Gender roles & body image.

Mental and physical toll of aging and loneliness

Normal aging – physical and mental changes in seniors.

Research effect of stress on health - challenging family dynamics, abusive relationships, and financial stress.