



## San Francisco Opera's Rossini's *CINDERELLA* Curriculum Connections

California Content Standards  
Kindergarten through Grade 12

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### HEALTH EDUCATION

The unifying ideas of health literacy are as follows:

- Acceptance of personal responsibility for lifelong health
- Respect for and promotion of the health of others
- An understanding of the process of growth and development
- Informed use of health-related information, products, and services

### MENTAL & PHYSICAL HEALTH

Taking care of your body. Ex. What do performers have to do to prepare their body for performing?

Conflict resolution. Ex. How do the characters resolve all their problems with each other? How don't they?

Dealing with emotions, stress. Ex. Explore from the point of view of each character.

Family issues.

Gender roles & body image.

Examine the scenarios in the opera where people have choices; what kinds of decisions do they make and could they have been better?

How do the characters in the opera communicate with each other? Could they have improved their relationships through empathy?

How do the characters in the opera try to influence each other? Are they experiencing peer pressure?

What pressures act on the characters in the opera? How do they respond?

How does news travel in the opera? How is that different today? How does that change the pace of our life?

How do the characters in the opera relieve their stress? How does Cinderella deal with her stress?

What kinds of love are depicted by the different characters in the opera?

Cinderella and the prince "fall in love at first sight." Have you ever experienced it? What does it feel like?

What do you think is the socio-economic status of Don Magnifico?

What are the challenges of a single parent household?

In the opera, Don Magnifico tastes 30 different types of wine – What are the effects of alcohol on the body? What would the real world consequences of excessive drinking?

How does Don Magnifico treat Cinderella? Is he guilty of mistreatment or neglect?

Give examples of Don Magnifico's questionable behavior.

The Prince (disguised as a valet) get angry when Don Magnifico treat Cinderella badly – have you ever seen anyone treated poorly? How might you respond in a similar situation?

How would you characterize Cinderella's treatment by her step-sisters?

At the beginning of the opera, the step-sisters think they are in a different social class from Cinderella. What is social class?

The step-sisters are in fierce competition with each other. When is competition good and healthy and when can it be bad?

The tables are turned when Cinderella has power over Don Magnifico and her step-sisters at the end of the opera – How does Cinderella react? How would you react?