



San Francisco Opera's Donizetti's *LUCIA DI LAMMERMOOR*

Curriculum Connections

California Content Standards
Kindergarten through Grade 12

HEALTH EDUCATION

The unifying ideas of health literacy are as follows:

- Acceptance of personal responsibility for lifelong health
- Respect for and promotion of the health of others
- An understanding of the process of growth and development
- Informed use of health-related information, products, and services

Taking care of your body. Ex. What do performers have to do to prepare their body for performing?

Dealing with emotions, stress. Ex. Explore from the point of view of each character.

Gender roles & body image.

Family issues. Family Tensions: How can a brother be so mean to his sister? How can he betray her? Do families sometime not get along?

What are family feuds? Why are the Ashtons and the Ravenswoods fighting? Do they exist today?

Lucia is used by her family. Have you ever felt used or seen someone else being used? How did it feel? What did you do about it?

What are arranged marriages? Are there arranged marriages today? How can Enrico have the power to force Lucia to wed?

Conflict resolution. Ex. How do the characters resolve their problems with each other? How don't they?

Examine the scenarios in the opera where people have choices; what kinds of decisions do they make and could they have done better?

What symptoms of mental illness do you notice in this opera?

What triggers Lucia to see her mother's ghost?

Why do Lucia and Edgardo look to death as the solution to their problems? What are other avenues for someone to alleviate their sadness?

The crowd of mourners enters with the news of Lucia's madness that they say will kill her. Does madness/dementia normally lead to death?

Research Donizetti's illness. How do they think he died and might he have been cured today? What were other diseases common during the time?