



# SAN FRANCISCO OPERA EDUCATION

## San Francisco Opera's *Verdi's La Traviata*

### Curriculum Connections

California Content Standards

Grade 5 through Grade 12

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## PHYSICAL EDUCATION

### MOVEMENT

Walking, dancing, jumping, balancing, leaping, lifting, etc. Ex. Move your body in different ways using the example of each character.

Choreograph dances for party scenes in *La Traviata*.

Explore games and activities played in the mid-19<sup>th</sup> century.

### PHYSICALITY OF PERFORMING

Endurance & strength, posture, breathing techniques.

### TEAM-BUILDING

Partner dancing, changing partners, partnering exercises, mirroring activities.

Explore social dancing and dance etiquette of 19<sup>th</sup> century France and of Jazz Age (Charleston, Foxtrot, shimmy, rag).