



SAN FRANCISCO OPERA EDUCATION

San Francisco Opera's *Verdi's La Traviata*

Curriculum Connections California Content Standards Grade 5 through Grade 12

HEALTH EDUCATION

The unifying ideas of health literacy are as follows:

- Acceptance of personal responsibility for lifelong health
- Respect for and promotion of the health of others
- An understanding of the process of growth and development
- Informed use of health-related information, products, and services

Gender roles & body image.

Taking care of your body. Ex. What do performers have to do to prepare their body for performing?

Study hygiene as it pertains to the spread of TB.

Research development of TB vaccine.

Research substance abuse, addiction and how people use different means to deaden or mask pain or other problems.

Dealing with emotions, stress. Having someone to confide in to deal with stress.
Ex. Violetta's maid cares for her.

Conflict resolution. Ex. Alfredo's father demands Violetta leave him.

Family life

Sex education

Violence and danger. Ex. Duel in Act III.