



San Francisco Opera's Puccini's *THE GIRL OF THE GOLDEN WEST*

Curriculum Connections

California Content Standards
Kindergarten through Grade 12

PHYSICAL EDUCATION

What dances could you do to music of different scenes?

What kinds of dances would you use to represent different characters?

How do you move differently when you're young and old?

What physical qualifications do you need to join the army?

How would army organize itself and move as a group?

MOVEMENT

Walking, dancing, jumping, balancing, leaping, lifting, etc. Ex. Move your body in different ways using the example of each character.

Choreograph dances for selected scenes in *The Girl of the Golden West*.

Explore the pastimes, games and activities played in the mid-19th century.

Mimic movements of miners/mining (climbing).

PHYSICALITY OF PERFORMING

Endurance & strength, posture, breathing techniques.

TEAM-BUILDING

Exercises to move together as a group. Building the ensemble.

Partner dancing, changing partners, partnering exercises, mirroring activities.

Explore social dancing and dance etiquette of Gold Rush: waltz, quadrille, polka.

Tug-of-war.

Team-building games in which students act as teams of miners moving "gold piles" from one place to another; rigging tents.